



TURKEY MEATBALL TORTELLINI SOUP

Ingredients:

- 45 oz. of chicken broth (about 3 cans)
- 1 15 oz. can of sweet onion diced tomatoes, not drained
- 1 16 oz. package of frozen cheese tortellini
- 10 oz. of frozen chopped spinach
- 12 oz. of frozen turkey meatballs
- 1 TBSP of Italian seasoning
- Optional garnish: shredded parmesan cheese

Directions:

Add all the ingredients, except for the chicken broth, into a large freezer bag and freeze.

When ready to cook, place chicken broth in a large pot and bring to a boil. Add ingredients from the bag and cook until pasta is tender and the meatballs are heated through about 15 minutes.

Garnish with cheese.